Where is the Food Prepared?
All meals are made on site at the Veiner Centre, by our qualified staff. We take pride in offering a variety of healthy, nutritious food options to our clientele, and strive to make customer service our number one priority. All meals come with a main course (protein, starch, and vegetable) as well as salad, dessert, and our daily homemade fresh soups.

How is it Billed?
Meals are billed monthly, similarly to a utility bill. You may pay your bill at any bank, in person at City Hall, or mail a cheque to Meals on Wheels, c/o City Hall, 580 1st Street SE. Drivers do not process payments, as you will receive your invoice in the mail. Please allow 2-3 business days for payments to post to your account, or to cancel your service.
Welcome to the Medicine Hat Meals on Wheels Program

Who Should Use the Program?

Meals on Wheels can be a welcome relief for anyone who is unable to make meals on their own, due to a variety of reasons, such as age related illness, mobility loss, disability, illness, recovery from surgery or to alleviate caregiver stress. Meals on Wheels is available to provide proper nutrition to those who require assistance. There is no minimum number of meals, and no fee to cancel.

How do I Sign up?

Please call the Meals on Wheels hotline at 403.525.8885 between 8am - noon, and speak to a coordinator who would be happy to sign you up over the phone. You may also fax an application to 403.529.8369 or send via email to mow@medicinehat.ca.

How is the Food Delivered?

Hot meals are delivered between 9:30am and noon by our trained volunteers right to your door. We offer service Monday through Friday, with frozen meals delivered for the weekends, if desired. Our volunteers offer not only a meal to our clients but also a friendly face and a bit of conversation and cheer to everyone they meet.

What is the Menu like?

The menu is given out monthly, and is located on our website, www.medicinehat.ca/mealsonwheels. Meals are different every day, and you may choose either a weekly schedule (for example, every Tuesday and Thursday) or you may make selections according to the menu. Unfortunately at this time we can only make special considerations for allergies and can not accommodate celiac, vegan, or minced food diets.

What if I Have an Appointment?

Please let us know as soon as possible if you won't be home on your specified delivery date(s). We would appreciate at least 2 days’ notice for any absences; including medical appointments and vacations.

Unless prior arrangements have been made, if the driver finds that you are not home on your scheduled delivery date, your meal will be returned to us, and your account will still be billed. Please call the Meals on Wheels Office at 403.525.8885 as soon as possible for any cancellations or amendments of meals.

How Much Will it Cost?

Meals are set at a flat rate of $8.50 per meal as of April 3, 2017. You are welcome to order as few, or as many meals as you require, based on your own needs. If you are low income, you may qualify for a Fair Entry Subsidy. Please call the Meals on Wheels Coordinator to confirm the price prior to sign up.